5. Nuller, B. M., Deformation of an elastic wedge reinforced by a beam. PMM, Vol. 38, № 5, 1974.
6. Nuller, B. M., On the analysis of reinforced inclines. Izv. VNII Gidrotekhniki, Vol. 105, 1974.
7. Lebedev, N.N. and Skal'skaia, I. P., New method of solving problems of electromagnetic wave diffraction by a wedge of finite conductivity. $\mathrm{Zh} . \mathrm{Tekh}$. Fiz. , Vol. 32, № 10, 1962.
8. Vasil'ev, B. A., Some stationary problems of the theory of heat conduction for wedge bodies under a boundary condition of the third kind. Inzh. -Fiz. Zh., Vol. 11, № 2, 1966.
9. Lavrent'ev, M. A. and Shabat, B. V., Methods of Complex Variable Function Theory. "Nauka". Moscow, 1965.
10. Gakhov, F. D., Boundary Value Problems. (English translation), Pergamon Press, Book № 10067, 1966.
11. Ufliand, Ia. S., Integral Transforms in Elasticity Theory Problems. "Nauka", Leningrad, 1968.
12. Barnes, E. W., The linear finite-difference equations of the first order. Proc. London Math. Soc. , Ser. 2, Vol. 2, 1904.
13. Noble, B., Methods Based on the Wiener-Hopf Technique for the Solution of Partial Differential Equations. Pergamon Press, book № 10160, 1959.
14. Muskhelishvili, N. I. , Singular Integral Equations. "Nauka", Moscow, 1968.
15. Nuller, B. M. , Elastic wedge reinforced by a finite section of a variable section bar. Izv. Akad. Nauk SSSR, Mekhan. Tverd. Tela, № 5, 1972.

Translated by M. D. F.
UDC 539.3

# AN ENERGY IDENTITY IN PHYSICALLY NONLINEAR ELASTICITY AND ERROR ESTMMATES OF THE PLATE EQUATIONS 

PMM Vol.40, № 2, 1976, pp. 317-326
B. A. SHOIKHET
(Leningrad)
(Received April 2, 1974)
An identity generalizing the Prager-Synge relationship [1, 2] in linear elasticity is deduced for a certain class of nonlinear elasticity laws. It permits estimation of the energy norm of the difference between some statically admissible stress field $\sigma$ and the true field $\sigma^{\circ}$, as well as between some kinematically admissible displacement field $\mathbf{u}$ and the true field $\mathbf{u}^{0}$, in terms of the energy norm for the difference between the fields $\sigma$ and $\sigma(u)(\sigma(u)$ is the stress field generated by the field $\mathbf{u}$ ). By using this identity, under definite constraints, it is proved that the root-mean-square value (over the volume of a plate) of the error in the solution of the plate equations derived from the volume problem by means of the Kirchhoff hypothesis, does not exceed $c h^{1 / 2}$, where $c$ is a constant and $h$ is the relative thickness. The Prager-Synge relationship [1,2] was used in [3, 4] to estimate the error in linear shell theory. The results are related to [1-7].

1. Let the specific strain energy be [8]

$$
\begin{align*}
& A(\varepsilon)=9 / 2 K\left(\varepsilon_{0}\right)^{2}+A_{2}\left(\psi_{\varepsilon}\right)  \tag{1.1}\\
& \varepsilon=\left\{\varepsilon_{i j}\right\}_{,} \varepsilon_{0} \equiv 1 / 3\left(\varepsilon_{i i}\right), \quad \psi_{e} \equiv\left(2^{-1} \varepsilon_{i j}{ }^{\prime} \varepsilon_{i j}\right)^{1 / 2}, \quad \varepsilon_{i j}{ }^{\prime} \equiv \varepsilon_{i j}-\delta_{i}{ }^{j} \varepsilon_{0}
\end{align*}
$$

Here $\varepsilon$ is the strain tensor, $\varepsilon_{0}$ is the mean elongation, $\boldsymbol{\psi}_{\varepsilon}$ is the shear strain intensity, $\delta_{i}{ }^{j}$ is the Kronecker delta, $K$ is the modulus of volume expansion, $A_{2}(\tau)$ is a function given for $\tau \in[0, \infty)$ which is twice differentiable and satisfies the conditions

$$
\begin{align*}
& A_{2}=d A_{2} / d \tau=0, \quad \tau=0, \quad 4 G_{1} \leqslant d^{2} A_{2} / d \tau^{2} \leqslant 4 G_{2}  \tag{1.2}\\
& \forall \tau \in[0, \infty)
\end{align*}
$$

$G_{1}, G_{2}>0$ are constants constraining the limits of variation of the shear modulus.
Let us introduce the notation

$$
(\mathbf{a}, \mathbf{b}) \equiv a_{i j} b_{i j}, \quad|\mathbf{a}| \equiv(\mathbf{a}, \mathbf{a})^{1 / 2} \quad\left(\mathbf{a}=\left\{a_{i j}\right\}, \mathbf{b}=\left\{b_{i j}\right\}\right)
$$

Lemma 1. Under the conditions (1.2) the function $A(\varepsilon)$ is strictly convex, and moreover, for any $\boldsymbol{e}=\left\{\varepsilon_{i j}\right\}, \varepsilon^{1}=\left\{\varepsilon_{i j}{ }^{1}\right\}$ the estimates

$$
\begin{align*}
& \gamma\left|\varepsilon-\boldsymbol{\varepsilon}^{\mathbf{1}}\right|^{2} \leqslant\left(\nabla A(\varepsilon)-\nabla A\left(\varepsilon^{\mathbf{1}}\right), \varepsilon-\varepsilon^{\mathbf{1}}\right) \leqslant x\left|\varepsilon-\boldsymbol{\varepsilon}^{\mathbf{1}}\right|^{2}  \tag{1.3}\\
& \nabla A(\boldsymbol{\varepsilon}) \equiv\left\{\partial A(\varepsilon) / \partial \varepsilon_{i j}\right\}, \quad \gamma=\min \left\{3 K, 2 G_{1}\right\} \\
& \boldsymbol{x}=\max \left\{3 K, 2 G_{2}\right\} \\
& \gamma\left|\varepsilon-\varepsilon^{\mathbf{1}}\right| \leqslant\left|\nabla A(\varepsilon)-\nabla A\left(\varepsilon^{\mathbf{1}}\right)\right| \leqslant x\left|\varepsilon-\varepsilon^{\mathbf{1}}\right| \tag{1.4}
\end{align*}
$$

are valid.
Let an elastic body occupy a domain $V$ of the variables ( $x_{1}, x_{2}, x_{3}$ ) and let $S$ be the piecewise-smooth boundary of the domain $V$. We consider the following elasticity problem:

$$
\begin{align*}
& \mathbf{u}:=\left(u_{1}, u_{2}, u_{3}\right), \quad \varepsilon_{i j}(\mathbf{u})=2^{-1}\left(u_{i, j}+u_{j, i}\right), \quad \varepsilon(\mathbf{u})=\left\{\varepsilon_{i j}(\mathbf{u})\right\}  \tag{1.5}\\
& \mathbf{\sigma}=\left\{\sigma_{i j}\right\}=\nabla A(\varepsilon)  \tag{1.6}\\
& \sigma_{i j, j}+f_{i}=0, \quad i=1,2,3  \tag{1.7}\\
& \sigma_{i j} n_{j}=F_{i}, \quad i=1,2,3 \quad \text { on } S_{F}  \tag{1.8}\\
& u_{i}=0, \quad i=1,2,3 \text { on } S_{u}, \quad S=S_{F} \cup S_{u} \tag{1.9}
\end{align*}
$$

From (1.3) the elasticity law (1.6) is uniquely reversible ; it is known from [9] that an inverse mapping is given by using the dual function $A^{*}(\sigma)$

$$
\begin{equation*}
\boldsymbol{\varepsilon}=\nabla A^{*}(\boldsymbol{\sigma}) \equiv\left\{\partial A^{*}(\boldsymbol{\sigma}) / \partial \sigma_{i j}\right\} \tag{1.10}
\end{equation*}
$$

where if $\varepsilon$ and $\sigma$ are connected by the relationship (1.6) or (1.10), then

$$
\begin{equation*}
A^{*}(\boldsymbol{\sigma})+A(\varepsilon)=(\boldsymbol{\sigma}, \boldsymbol{\varepsilon}) \tag{1.11}
\end{equation*}
$$

It can be verified that

$$
\begin{aligned}
& A^{*}(\sigma)=(2 K)^{-1}\left(\sigma_{0}\right)^{2}+A_{2}^{*}\left(2 \psi_{\sigma}\right) \\
& \sigma_{0} \equiv 1 / 3\left(\sigma_{i i}\right), \quad \boldsymbol{\psi}_{\sigma} \equiv\left(2^{-1} \sigma_{i j}^{\prime} \sigma_{i j}^{\prime}\right)^{1 / 2}, \quad \sigma_{i j}^{\prime} \equiv \sigma_{i j}-\delta_{i}^{j} \sigma_{0}
\end{aligned}
$$

(here $A_{2}{ }^{*}(t)$ is the dual function of $A_{2}(\tau)$ ) and the following inequalities are valid for any $\sigma, \sigma^{1}$

$$
\begin{align*}
& x^{-1}\left|\sigma-\sigma^{1}\right|^{2} \leqslant\left(\nabla A^{*} \mid(\boldsymbol{\sigma})-\nabla A^{*}\left(\boldsymbol{\sigma}^{1}\right), \boldsymbol{\sigma}-\sigma^{1}\right) \leqslant \gamma^{-1}\left|\sigma-\sigma^{1}\right|^{2}  \tag{1.12}\\
& x^{-1}\left|\sigma-\sigma^{1}\right| \leqslant\left|\nabla A^{*}(\boldsymbol{\sigma})-\nabla A^{*}\left(\boldsymbol{\sigma}^{1}\right)\right| \leqslant \gamma^{-1}\left|\sigma-\sigma^{1}\right| \tag{1.13}
\end{align*}
$$

Let $\varepsilon \in L_{2}(V)$ be the tensor field, then from (1.4),(1.13) the elasticity law (1.6) is a one-to-one conformal continuous mapping comparing the field $\sigma \in L_{2}(V)$ to every $\varepsilon \in L_{2}(V)$; the inverse mapping (1.10) is also continuous.

Theorem 1 [ $10-12]$ (minimum total energy principle). Let

$$
\begin{equation*}
f_{i} \in L_{2}(V), \quad F_{i} \in L_{2}\left(S_{F}\right), \quad i=1,2,3 \tag{1.14}
\end{equation*}
$$

We introduce the space $H$ of admissible displacement fields and the total energy functional

$$
\begin{align*}
& H=\left\{\mathbf{u} \mid \mathbf{u}=\left(u_{1}, u_{2}, u_{3}\right), u_{i} \in W_{2}^{1}(V), u_{i}=0 \text { on } S_{u}, i=(1.15)\right. \\
& 1,2,3\} \\
& \Phi(\mathbf{u})=\int_{V} A(\varepsilon(\mathbf{u})) d V-\int_{V} f_{i} u_{i} d V-\int_{S_{F}} F_{i} u_{i} d S \tag{1.16}
\end{align*}
$$

Then there exists a single field $\mathbf{u}^{0}$ providing the minimum of the functional $\Phi(\mathbf{u})$ in the space $H$.

We assume

$$
\begin{equation*}
\boldsymbol{\varepsilon}^{\circ} \equiv \boldsymbol{\varepsilon}\left(\mathbf{u}^{\circ}\right), \quad \boldsymbol{\sigma}^{\circ} \equiv \nabla A\left(\boldsymbol{\varepsilon}^{\circ}\right) \tag{1.17}
\end{equation*}
$$

then for any field $\mathbf{u} \in H$ the identity

$$
\begin{equation*}
\int_{V}\left(\boldsymbol{o}^{\circ}, \varepsilon(\mathbf{u})\right) d V=\int_{V} f_{i} u_{i} d V+\int_{S_{F}} F_{i} u_{i} d S \tag{1.18}
\end{equation*}
$$

is valid.
Definition 1 . We call the field $\sigma=\left\{\sigma_{i j}\right\}$ statically admissible if $\sigma \in L_{2}(V)$, $\sigma_{i j}=\sigma_{j i}$ and the identity

$$
\begin{equation*}
\int_{\boldsymbol{V}}(\boldsymbol{\sigma}, \varepsilon(\mathbf{u})) d V=\int_{V} f_{i} u_{i} d V+\int_{S_{F}} F_{i} u_{i} d S \tag{1.19}
\end{equation*}
$$

is valid for any $\mathbf{u} \in H$.
The set of statically admissible fields will be denoted by $P$ and $\sigma^{\circ} \in P$ from (1.18).

Note 1. If the field $\sigma$ is statically admissible in the ordinary sense, i.e, $\sigma_{i j}$ are differentiable and satisfy the equilibrium equations (1.7) and the boundary conditions (1.8), then $\sigma$ is statically admissible in the sense of the Definition 1.

Lemma 2. The set $P$ is convex and closed in $L_{2}(V)$.
Proof. The convexity of $P$ is evident, let us prove it closed, i.e. we prove that if the sequence $\sigma^{n}=\left\{\sigma_{i j}{ }^{n}\right\}$ belongs to $P$ and converges to some field $\sigma^{*}=\left\{\sigma_{i j}\right\}$ in $L_{2}(V)$ as $n \rightarrow \infty$, then $\sigma^{*} \in P$. Since $\sigma^{n} \in P$, then $\sigma_{i j}{ }^{n}=\sigma_{j i}{ }^{n}$ and from the condition $\left\|\mathbf{\sigma}^{n}-\mathbf{\sigma}^{*}\right\|_{L_{2}(V)} \rightarrow 0$ there follows that $\sigma_{i j}{ }^{*}=\sigma_{j i}{ }^{*}$.

We substitute $\sigma^{n}$ into (1.19) and pass to the limit as $n \rightarrow \infty$ for fixed $u$, we obtain that $\sigma^{*}$ satisfies the identity (1.19), i. e. $\sigma^{*} \in P$.

Theorem 2 (Castigliano's principle). We introduce the additional strain energy functional

$$
\begin{equation*}
E^{*}\left(\sigma=\int_{V} A^{*}(\sigma) d V\right. \tag{1.20}
\end{equation*}
$$

Then there exists a single stress field providing the minimum of the functional $E^{*}$ ( $\sigma$ ) on $P$, namely the field $\sigma^{\circ}$, and the following equality is valid

$$
\begin{equation*}
\Phi\left(\mathbf{u}^{\circ}\right)=-E^{*}\left(\boldsymbol{\sigma}^{\circ}\right) \tag{1.21}
\end{equation*}
$$

Proof. From (1.12) the operator $\nabla A^{*}(\sigma)$ is coercive in $L_{2}(V)$, from which
[13] the existence and uniqueness of the minimum follows. Let us prove that the field $\sigma^{\circ}$ satisfies the identity

$$
\begin{equation*}
\int_{V}\left(\nabla A^{*}\left(\boldsymbol{\sigma}^{\circ}\right), \boldsymbol{\sigma}-\boldsymbol{\sigma}^{\circ}\right) d V=0 \tag{1.22}
\end{equation*}
$$

for any $\boldsymbol{\sigma} \in P$. In fact, from (1.17) - (1.19)

$$
\begin{array}{r}
\int_{V}\left(\nabla A^{*}\left(\boldsymbol{\sigma}^{\circ}\right), \sigma-\sigma^{\circ}\right) d V=\int_{V}\left(\varepsilon^{\circ}, \sigma-\sigma^{\circ}\right) d V= \\
\int_{V} f_{i} u_{i}^{\circ} d V+\int_{S_{F}} F_{i} u_{i}^{\circ} d S-\int_{V}\left(\boldsymbol{\varepsilon}^{\circ}, \sigma^{\circ}\right) d V=0
\end{array}
$$

From [13], the identity (1.22) is a necessary and sufficient condition for the minimum. From (1.17), (1. 11), (1.20) and (1.18)

$$
\begin{aligned}
& \Phi\left(\mathbf{u}^{\circ}\right)=\int_{V}\left(-A^{*}\left(\sigma^{\circ}\right)+\left(\sigma^{\circ}, \varepsilon^{\circ}\right)\right) d V-\int_{V} f_{i} u_{i}^{\circ} d V-\int_{S_{F}} F_{i} u_{i}^{\circ} d S= \\
& \quad-E^{*}\left(\boldsymbol{\sigma}^{\circ}\right)+\int_{V}\left(\sigma^{\circ}, \varepsilon^{\circ}\right) d V-\int_{V} f_{i} u_{i}^{\circ} d V-\int_{\mathrm{S}_{F}} F_{i} u_{i}^{\circ} d S=-E^{*}\left(\sigma^{\circ}\right)
\end{aligned}
$$

Theorem 3. Let $\sigma \in P$ and $u \in H$, we set

$$
\begin{equation*}
\sigma(\mathrm{u}) \equiv \nabla A(\mathrm{e}(\mathrm{u})) \tag{1.23}
\end{equation*}
$$

The identity

$$
\begin{align*}
& E^{*}(\boldsymbol{\sigma})-E^{*}\left(\boldsymbol{\sigma}^{\circ}\right)+\Phi(\mathbf{u})-\Phi\left(\mathbf{u}^{\circ}\right)=E^{*}(\boldsymbol{\sigma})-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))-  \tag{1,24}\\
& \quad \int_{V}(\mathbf{\varepsilon}(\mathbf{u}), \boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})) d V
\end{align*}
$$

is valid.
Proof. Because of (1.21) it is sufficient to prove that

$$
\Phi(\mathbf{u})=-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))-\int_{V}(\boldsymbol{\varepsilon}(\mathbf{u}), \boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})) d V
$$

From (1.13), (1.11) and (1.16)

$$
\begin{aligned}
& \Phi(\mathbf{u})=-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))+\int_{V}(\boldsymbol{e}(\mathbf{u}), \boldsymbol{\sigma}(\mathbf{u})) d V-\int_{V} f_{i} u_{i} d V- \\
& \int_{\mathrm{S}_{F}} F_{i} u_{i} d S=-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))+\int_{V}(\boldsymbol{\varepsilon}(\mathbf{u}), \sigma(\mathbf{u})) d V-\int_{V}(\boldsymbol{\varepsilon}(\mathbf{u}), \boldsymbol{\sigma}) d V
\end{aligned}
$$

this latter equality follows from (1.19).
Note 2. For the linear elasticity law

$$
\begin{aligned}
& E^{*}(\boldsymbol{\sigma})-E^{*}\left(\boldsymbol{\sigma}^{\circ}\right)=E^{*}\left(\boldsymbol{\sigma}-\boldsymbol{\sigma}^{\circ}\right), \quad \Phi(\mathbf{u})-\Phi\left(\mathbf{u}^{\circ}\right)=E^{*}\left(\boldsymbol{\sigma}(\mathbf{u})-\boldsymbol{\sigma}^{\circ}\right) \\
& E^{*}(\boldsymbol{\sigma})-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))-\int^{2}(\varepsilon(\mathbf{u}), \boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})) d V=E^{*}(\boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u}))
\end{aligned}
$$

and the identity (1.24) agrees with the Prager-Synge relationship [1, 2]

$$
E^{*}\left(\sigma-\sigma^{\circ}\right)+E^{*}\left(\sigma(\mathbf{u})-\sigma^{\circ}\right)=E^{*}(\sigma-\sigma(\mathbf{u}))
$$

and the identity (1.24) agrees with the Prager-Synge relationship [1, 2].
Note 3. The identity (1.24) is valid under weaker assumptions than (1.1), (1.2), for example it can be assumed that $A(\varepsilon)=A_{1}\left(\varepsilon_{0}\right)+A\left(\psi_{2}\right)$, where $A_{1}(\tau), A_{2}(\tau)$ are strictly convex continuously differentiable functions satisfying the conditions

$$
\begin{align*}
& A_{i}=d A_{i} / d \tau=0, \tau=0, i=1,2  \tag{1.25}\\
& -a_{i}+b_{i} \tau^{p_{i}-1} \leqslant d A_{i} / d \tau \leqslant c_{i}+d_{i} \tau p_{i}-1, \quad i=1,2 \\
& a_{i}, c_{i} \geqslant 0, b_{i}, d_{i}>0=\text { const, } \quad 1<p_{\mathrm{g}} \leqslant p_{1}
\end{align*}
$$

For example the function

$$
A(\varepsilon)=9 / 2 K\left(\varepsilon_{0}\right)^{2}+a_{2}\left(\psi_{\varepsilon}\right)^{p}, \quad 1<p \leqslant 2
$$

satisfies the constraints (1.25). Here $p_{1}=2, p_{2}=p$.
The identity ( 1.24 ) is true even if $A(\varepsilon)$ is a continuously differentiable strictly convex function, $A=\nabla A=0, \tau=0$ and the following inequalities are satisfied

$$
\begin{aligned}
& -a+b|\mathrm{~B}|^{p} \leqslant(\nabla A(\mathrm{e}), \mathrm{e}) \leqslant c+d|\varepsilon|^{p} \\
& a, c \geqslant 0, b, d \geqslant 0=\text { const, } p>1
\end{aligned}
$$

Lemma 3. Let $\sigma \in P, \mathbf{u} \in H$. Under the conditions (1.2), the estimates

$$
\begin{equation*}
\frac{1}{2 x}\left\|\boldsymbol{\sigma}-\sigma^{0}\right\|_{L_{2}(V)}^{2}+\frac{\gamma}{2}\left\|\boldsymbol{e}(\mathbf{u})-\boldsymbol{e}^{\circ}\right\|_{L_{2}(V)}^{2} \leqslant \frac{1}{\gamma}\|\boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})\|_{L_{2}(V)}^{L_{2}} \tag{1,26}
\end{equation*}
$$

can hold.
Proof. The inequalities

$$
\begin{align*}
& E^{*}(\boldsymbol{\sigma})-E^{*}\left(\sigma^{\circ}\right) \geqslant \frac{1}{2 x}\left\|\boldsymbol{\sigma}-\sigma^{\circ}\right\|_{L_{2}(V)}^{2}  \tag{1,27}\\
& \Phi(\mathbf{u})-\Phi\left(\mathbf{u}^{\circ}\right) \geqslant \frac{\gamma}{2}\left\|\varepsilon(\mathbf{u})-\varepsilon^{\circ}\right\|_{L_{2}(V)}^{2}
\end{align*}
$$

follow from (1.12), (1.3) and Theorem 10.4 [13]. Since the mappings $\nabla A(e)$ and $\nabla A^{*}(\boldsymbol{\sigma})$ are reversible, then $\varepsilon(\mathbf{u})=\nabla A^{*}(\boldsymbol{\sigma}(\mathbf{u}))$, hence

$$
\begin{align*}
& E^{*}(\boldsymbol{\sigma})-E^{*}(\boldsymbol{\sigma}(\mathbf{u}))-\int_{V}(\mathbf{e}(\mathbf{u}), \boldsymbol{\sigma}-\mathbf{\sigma}(\mathbf{u})) d V=  \tag{1.28}\\
& \int_{0}^{1} \frac{d}{d t} E^{*}(\boldsymbol{\sigma}(\mathbf{u})+t(\boldsymbol{\sigma}-\sigma(\mathbf{u}))) d t-\int_{V}\left(\nabla A^{*}(\boldsymbol{\sigma}(\mathbf{u})), \boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})\right) d V= \\
& \int_{\theta}^{1} d t \int_{V} \frac{1}{t}\left(\nabla A^{*}(\boldsymbol{\sigma}(\mathbf{u})+t(\boldsymbol{\sigma}-\boldsymbol{\sigma}(\mathbf{u})))-\nabla A^{*}(\boldsymbol{\sigma}(\mathbf{u})), t(\boldsymbol{\sigma}-\sigma(\mathbf{u}))\right) d V \leqslant \\
& \int_{0}^{1} \frac{1}{\gamma t}\|t(\boldsymbol{\sigma}-\sigma(\mathbf{u}))\|_{L_{2}(V)}^{2} d t \leqslant \frac{1}{2 \tau}\|\sigma-\sigma(\mathbf{u})\|_{L_{2}(V)}^{2}
\end{align*}
$$

The inequality in (1.28) follows from (1.12), while (1.26) follows from (1.27), (1. 28) and (1.24).
2. The plate oquations. Let us consider the flexure of a rigidly clamped, constant-thickness plate, symmetrically loaded by a load applied to the upper and lower faces. The plate occupies the domain

$$
V_{h}=\left\{\left(\mathbf{x}, x_{3}\right) \mid \mathbf{x}=\left(x_{1}, x_{2}\right), \quad \mathbf{x} \in \Omega, \quad-d<x_{3}<d\right\}
$$

Here $\Omega$ is the middle plane, $l$ is its characteristic dimension, $2 d$ is the plate thickness, $h=2 d / l$ is the characteristic relative thickness, then $S_{u}$ is the side surface of the plate in (1.7)-(1.10),(1.14)-(1.6), $S_{F}=\Omega^{+} \cup \Omega^{-}$, where $\Omega^{+}, \Omega^{-}$are the upper and lower faces of the plate

$$
\begin{align*}
& f_{1}=f_{2}=f_{3}=0, \quad F_{1}=F_{2}=0 \quad \text { on } \quad S_{F}  \tag{2.1}\\
& F_{3}=F^{h} / 2 \quad \text { on } \Omega^{+}, \quad F_{3}=-F^{h} / 2 \quad \text { on } \Omega^{-}
\end{align*}
$$

It is emphasized that the normal load $F^{h}$ in (2.1) depends on $h$.

Let us derive the plate equations by using the Kirchhoff hypotheses. We introduce the notation: if $\mathbf{a}=\left\{a_{i j}\right\}$ is a tensor, $i, j=1,2,3$, then $\mathbf{a}=\left\{\mathbf{a}_{1}, \dot{a}_{2}\right\}$, where

$$
\begin{equation*}
\mathbf{a}_{\mathbf{1}} \equiv\left(a_{11}, a_{12}, a_{21}, a_{22}\right), \quad \mathbf{a}_{2} \equiv\left(a_{13}, a_{31}, a_{23}, a_{32}, a_{33}\right) \tag{2,2}
\end{equation*}
$$

If the tensor $\mathbf{a}$ is provided with some superscript, then $\mathbf{a}_{1}, \mathbf{a}_{\mathbf{2}}$ are provided with the same superscript, for example $\mathbf{a}_{1}{ }^{h}, \mathbf{a}_{\mathbf{2}}{ }^{h}$ correspond to the tensor $\mathbf{a}^{h}=\left\{a_{i j}{ }^{h}\right\}$ according to (2.2).

Let us write the elasticity law (1.6) in the form

$$
\begin{align*}
& \sigma_{1}=\frac{\partial A\left(\varepsilon_{1}, \varepsilon_{2}\right)}{\partial \varepsilon_{1}} \equiv\left\{\frac{\partial A}{\partial \varepsilon_{11}}, \frac{\partial A}{\partial \varepsilon_{12}}, \frac{\partial A}{\partial \varepsilon_{21}}, \frac{\partial A}{\partial \varepsilon_{22}}\right\}  \tag{2.3}\\
& \sigma_{2}=\frac{\partial A\left(\varepsilon_{1}, \varepsilon_{2}\right)}{\partial \varepsilon_{2}} \equiv\left\{\frac{\partial A}{\partial \varepsilon_{13}}, \frac{\partial A}{\partial \varepsilon_{31}}, \frac{\partial A}{\partial \varepsilon_{23}}, \frac{\partial A}{\partial \varepsilon_{32}}, \frac{\partial A}{\partial \mathrm{E}_{33}}\right\}
\end{align*}
$$

We set $\sigma_{2}=0$ in (2.3) according to the Kirchhoff hypotheses, and analyze (2.3) for fixed $\varepsilon_{1}$ as a system of equations in $\varepsilon_{2}$. Using (1.3) and (1.4) we can show that this system is uniquely solvable for any $\varepsilon_{1}$ and its solution $\varepsilon_{2}\left(\varepsilon_{1}\right)$ has the form

$$
\begin{equation*}
\varepsilon_{2}\left(\varepsilon_{1}\right)=\left(0,0,0,0, Q\left(\varepsilon_{1}\right)\right) \tag{2.4}
\end{equation*}
$$

where $Q\left(\varepsilon_{1}\right)$ is continuous and satisfies the constraints

$$
\begin{align*}
& \left|Q\left(\varepsilon_{1}\right)\right| \leqslant x / \gamma\left|\varepsilon_{1}\right|  \tag{2.5}\\
& \left(\varepsilon_{1}^{1}, \varepsilon_{1}\right) \equiv \sum_{i, j=1}^{2} \varepsilon_{i j}^{1} \varepsilon_{i j}, \quad\left|\varepsilon_{1}\right| \equiv\left(\varepsilon_{1}, \varepsilon_{1}\right)^{1 / 2}
\end{align*}
$$

Substituting (2.4) into $A(\varepsilon)$, we obtain a function of four real arguments

$$
\begin{equation*}
D\left(\varepsilon_{1}\right) \equiv A\left(\varepsilon_{1}, \quad 0, \quad 0, \quad 0, \quad 0, \quad Q\left(\varepsilon_{1}\right)\right) \tag{2.6}
\end{equation*}
$$

We use the Kirchhoff kinematic hypotheses according to which

$$
\begin{equation*}
u_{i}\left(\mathbf{x}, x_{3}\right)=-w_{, i}(\mathbf{x}) x_{3}, \quad i=1,2, \quad u_{3}\left(\mathbf{x}, x_{3}\right)=w(\mathbf{x}) \tag{2.7}
\end{equation*}
$$

Substituting (2.7) into (1.5), we obtain

$$
\begin{equation*}
\boldsymbol{\varepsilon}_{1}(w)=-\mu(w) x_{3}, \quad \mu(w) \equiv\left(\frac{\partial^{2} w}{\partial x_{1}{ }^{2}}, \frac{\partial^{2} w}{\partial x_{1} \partial x_{2}}, \frac{\partial^{2} w}{\partial x_{2} \partial x_{1}}, \frac{\partial^{2} w}{\partial x_{2}{ }^{2}}\right) \tag{2.8}
\end{equation*}
$$

Replacing $A(\varepsilon(\mathbf{u}))$ in (1.16) by $\bar{D}\left(\varepsilon_{1}(w)\right)$ and substituting the hypothesis (2.7) into the linear part of (1.16) by taking account of (2.1), we obtain the total energy functional of a thin plate

$$
\Psi_{h}(w)=\int_{\dot{V}_{h}} D\left(-\mu(w) x_{3}\right) d \mathbf{x} d x_{3}-\int_{\Omega} F^{h} w d \mathbf{x}
$$

Lemma 4. $D\left(\varepsilon_{1}\right)$ is twice continuously differentiable, strictly convex and for any $\varepsilon_{1}, \varepsilon_{1}{ }^{1}$ the following estimates are valid:

$$
\begin{align*}
& \gamma\left|\varepsilon_{1}-\varepsilon_{1}{ }^{1}\right|^{2} \leqslant\left(\nabla D\left(\varepsilon_{1}\right)-\nabla D\left(\varepsilon_{1}{ }^{1}\right), \varepsilon_{1}-\varepsilon_{1}{ }^{1}\right) \leqslant  \tag{2.9}\\
& \quad \gamma\left|\varepsilon_{1}-\varepsilon_{1}{ }^{1}\right|^{2} \\
& \nabla D\left(\varepsilon_{1}\right) \equiv\left\{\partial D / \partial \varepsilon_{11}, \partial D / \partial \varepsilon_{12}, \partial D / \partial \varepsilon_{21}, \partial D / \partial \varepsilon_{22}\right\} \\
& \left(\varepsilon_{1}=\left\{\varepsilon_{12}, \varepsilon_{12}, \varepsilon_{21}, \varepsilon_{22}\right\}, \quad \varepsilon_{1}{ }^{1}=\left\{\varepsilon_{11}{ }^{1}, \varepsilon_{12}{ }^{1}, \varepsilon_{21}{ }^{1}, \varepsilon_{22}{ }^{1}\right\}\right)
\end{align*}
$$

Also valid are the equalities

$$
\begin{equation*}
D\left(-\varepsilon_{1}\right)=D\left(\varepsilon_{1}\right) \tag{2.10}
\end{equation*}
$$

$$
\begin{equation*}
\nabla D\left(\varepsilon_{1}\right)=\partial A\left(\varepsilon_{1}, 0,0,0,0, Q\left(\varepsilon_{1}\right)\right) / \partial \varepsilon_{1} \tag{2.11}
\end{equation*}
$$

Let $\Gamma$ be the boundary of $\Omega$; we introduce the space of admissible deflections

$$
W_{2}^{2,0}(\Omega)=\left\{w \mid w \in W_{2}^{2}(\Omega) . \quad w=\partial w / \partial n=0 \text { on }\right\}
$$

Theorem 4. There exists a unique function $w^{h} \in W_{2}{ }^{2,0}(\Omega)$ which provides the minimum of the functional $\Psi_{h}(w)$ on $W_{2}{ }^{2,0}(\Omega)$.

Because of Lemma 4, the proof follows from [14].
We introduce the notation

$$
\begin{align*}
& \boldsymbol{\delta}^{h}=\left\{\delta_{i j}{ }_{n}^{h}\right\}, \quad \boldsymbol{\delta}_{1}^{h} \equiv \boldsymbol{\varepsilon}_{1}\left(w^{h}\right)=-\boldsymbol{\mu}\left(w^{h}\right) x_{3}, \quad \boldsymbol{\delta}_{2}^{h} \equiv \boldsymbol{\varepsilon}_{2}\left(\boldsymbol{\delta}_{1}^{h}\right)=  \tag{2.12}\\
& \quad\left(0,0,0,0, Q\left(\boldsymbol{\delta}_{1}^{h}\right)\right) \\
& \boldsymbol{\alpha}^{h}=\left\{\alpha_{i j}^{h}\right\}, \quad{\boldsymbol{\alpha _ { 1 }}}^{h} \equiv \nabla D\left(\boldsymbol{\delta}_{1}^{h}\right), \quad \boldsymbol{\alpha}_{2}^{h} \equiv 0 \tag{2.13}
\end{align*}
$$

According to (2.12), (2.13), the tensors $\boldsymbol{\delta}^{h}, \boldsymbol{\alpha}^{h}$ yield the strain and stress in the plate equations. There follows from (2.11), (2.13) and the definition (2.4) that

$$
\boldsymbol{\alpha}_{1}^{h}=\partial A\left(\boldsymbol{\delta}_{1}^{h}, \boldsymbol{\delta}_{2}^{h}\right) / \partial \varepsilon_{1}, \boldsymbol{\alpha}_{2}^{h}=0=\partial A\left(\boldsymbol{\delta}_{\mathbf{r}}^{h}, \boldsymbol{\delta}_{\mathbf{2}}^{h}\right) / \partial \mathbf{\varepsilon}_{2}
$$

i.e.,

$$
\begin{equation*}
\boldsymbol{\alpha}^{h}=\nabla A\left(\boldsymbol{\delta}^{h}\right) \tag{2.14}
\end{equation*}
$$

3. Error estimates of the plate equations. The idea for obtaining the estimates borrowed from [3, 4], is that two fields are constructed by means of the solution $w^{h}, \boldsymbol{0}^{h}, \mathbf{a}^{h}$ of the plate equations: the statically admissible stress field $\boldsymbol{\sigma} \in P$ and the kinematically admissible displacement field $u \in H$, where the norm of the difference $\sigma-\sigma(\mathbf{u})$ will admit of an explicit estimate in terms of the parameter $h$ and the derivatives of $w^{h}$, and moreover,(1.26) is applied.

Let us make the change of variable $x_{3}=h z$, then the domain $V_{h}$ is mapped into the domain $V_{1}=\{(\mathrm{x}, z) \mid \mathrm{x} \in \Omega,-l / 2<z<l / 2\}$. If the function $\varphi$ is given in $V_{h}$, then we shall denote the function $g$ given in $V_{1}$ by the formula $g(x, z)=\varphi(x$, $h z$ ) by the same symbol $\varphi$. Evidently

$$
\begin{equation*}
\|\varphi\| L_{L_{2}\left(V_{h}\right)}=h^{1 / 2}\|\varphi\|_{L_{2}\left(V_{2}\right)} \tag{3,1}
\end{equation*}
$$

The final estimates will be obtained in the norm of $L_{2}\left(V_{1}\right)$ (and not $L_{2}\left(V_{h}\right)$ ), since the norm in $L_{2}\left(V_{1}\right)$ does not depend on $h$.

The function $w^{h}$ satisfies an identity for any $w \in W_{2}{ }^{2,0}(\Omega)$

$$
\begin{equation*}
\int_{V_{h}}\left(\nabla D\left(-\mu\left(w^{h}\right) x_{3}\right),-\mu(w) x_{3}\right) d \mathbf{x} d x_{3}=\int_{\Omega} F^{h} w d \mathbf{x} \tag{3.2}
\end{equation*}
$$

Substituting $w=w^{h}$ into (3.2), using (2.9) for $\varepsilon_{1}{ }^{1}=0$ and integrating (3.2) with respect to $x_{3}$, we obtain

$$
\begin{equation*}
\frac{2}{3} \gamma^{2} d^{3} \int_{\Omega}\left(\mu\left(w^{h}\right), \mu\left(w^{h}\right)\right) d \mathbf{x} \leqslant \int_{\Omega} F^{h} w^{h} d \mathbf{x} \tag{3.3}
\end{equation*}
$$

The estimate

$$
\begin{equation*}
\left\|w^{h}\right\|_{W_{z^{2}(\Omega)}} \leqslant \frac{c}{\gamma h^{8}}\left\|F^{h}\right\|_{L_{3}(\Omega)} \tag{3.4}
\end{equation*}
$$

follows from (3.3) and from the imbedding theorems [15]. Here and henceforth the symbol $c$ denotes different constants which are independent of $h$.
The estimates

$$
\begin{equation*}
\left\|\delta^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant \frac{c}{\tau h^{2}}\left\|F^{h}\right\|_{L_{2}(\Omega)},\left\|a^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant \frac{c x}{\tau h^{2}}\left\|F^{h}\right\|_{L_{z}(\Omega)} \tag{3.5}
\end{equation*}
$$

follow from the definitions (2.12), (2.13) and (3.4), (2.5),(2.14),(1.4),(3.1). Let $F^{h}$ be representable as $F^{h}=h^{2} q^{h}$, and

$$
\begin{equation*}
\left\|q^{h}\right\|_{L_{\alpha}(\Omega)} \leqslant c_{q}, \quad c_{q}=\mathrm{const} \tag{3.6}
\end{equation*}
$$

Then estimates with constants independent of $h$ follow from (3.4)-(3.6)

$$
\begin{aligned}
& \left\|\boldsymbol{w}^{h}\right\|_{W_{2}(\Omega)} \leqslant \frac{c}{\gamma h} c_{q} \\
& \left\|\boldsymbol{\delta}^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant \frac{c}{\gamma} c_{q}, \quad\left\|\boldsymbol{\alpha}^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant \frac{c x}{\gamma} c_{q}
\end{aligned}
$$

We propose more, namely, let $w^{h} \in C^{4}\left(\Omega^{c}\right)$ ( $\Omega^{c}$ is the closure of the domain $\Omega$ ), $\boldsymbol{\delta}^{h}$, $\boldsymbol{\alpha}^{h} \in C^{2}\left(V_{h}{ }^{c}\right)$ and estimates with constant $c_{F}$ independent of $h$ are valid

$$
\begin{align*}
& \left\|w^{h}\right\|_{C^{4}\left(\Omega^{c}\right)} \leqslant \frac{c_{F}}{\gamma h}  \tag{3.7}\\
& \left|\delta_{i j}^{h}\right| \leqslant \frac{c_{F}}{\gamma}, \quad\left|\delta_{i j, n}^{h}\right| \leqslant \frac{c_{F}}{\gamma}, \quad\left|\frac{\partial^{2} \delta_{i j}^{h}}{\partial x_{n} \partial x_{m}}\right| \leqslant \frac{c_{F}}{\gamma} ;  \tag{3.8}\\
& i, j=1,2,3, n, m=1,2 \\
& \left|\alpha_{i j}{ }^{h}\right| \leqslant \frac{x c_{F}}{\gamma}, \quad\left|\alpha_{i j, n}^{h}\right| \leqslant \frac{x c_{F}}{\gamma}, \quad\left|\frac{\partial^{2} \alpha_{i j}{ }^{h}}{\partial x_{n} \partial x_{m}}\right| \leqslant \frac{x c_{F}}{\gamma} ; \quad i, j, n, m=1,2 \tag{3.9}
\end{align*}
$$

Theorem 5. Let $\Gamma \in C^{\infty}, A(\varepsilon)$ satisfies (1.1), (1.2) and $A_{2}\left(\psi_{\varepsilon}\right)$ as a function of the nine real arguments $\varepsilon_{i j}{ }^{\prime}$ is quadruply continuously differentiable with respect to $\varepsilon_{i j}{ }^{\prime}$ and the following estimates are valid

$$
\begin{aligned}
& \left|\frac{\partial^{3} A_{2}\left(\psi_{\varepsilon}\right)}{\partial \varepsilon_{i j}^{\prime} \partial \varepsilon_{k s}^{\prime} \partial \varepsilon_{m n}^{\prime}}\right| \leqslant \frac{M_{1}}{1+\psi_{\varepsilon}}, \quad i, j, k, s, m, n=1,2,3, \quad M_{1}=\mathrm{const} \\
& \left|\frac{\partial^{4} A_{2}\left(\psi_{\varepsilon}\right)}{\partial \varepsilon_{i j}^{\prime} \partial \varepsilon_{k s}^{\prime} \partial \varepsilon_{m n}^{\prime} \partial \varepsilon_{p q}^{\prime}}\right| \leqslant M_{2} ; \quad i, j, k, s, m, n, p, q=1,2,3, \quad M_{2}=\mathrm{const} \\
& \left\|q^{h}\right\|_{C^{2}(\Omega c}^{\prime} \leqslant c_{q}, \quad c_{q}=\mathrm{const}
\end{aligned}
$$

Then $w^{h}, \boldsymbol{\delta}^{h}, \boldsymbol{\alpha}^{h}$ satisfy the constraints (3.7)- (3.9).
The proof is not presented because of its awkwardness, we just note some fundamental points.

From (3.2) the function $w^{h}$ is a generalized solution of a quasi-linear fourth order differential equation in the domain $\Omega$

$$
\begin{align*}
& \sum_{i, j=1}^{2} \frac{\partial^{2}}{\partial x_{i} \partial x_{j}}\left[\int_{-d}^{a}-\frac{\partial D\left(-\mu(w) x_{3}\right)}{\partial \varepsilon_{i j}} x_{3} d x_{3}\right]=F^{h}  \tag{3.10}\\
& w=\partial w / \partial n=0 \quad \text { on } \Gamma
\end{align*}
$$

Sufficient condition for which the generalized solution of (3.10) is regular are known from [12, 16, 17]; using the conditions of Theorem 5 , it can be shown that (3.10) satisfies these sufficient conditions, from which we obtain that $w^{h}$ is a classical solution of (3.10), i.e. $w^{h} \in C^{4}\left(\Omega^{c}\right)$, and satisfies (3.10); furthermore, using the definition of the fields $\boldsymbol{\delta}^{h}, \boldsymbol{\alpha}^{h}$ and the conditions of Theorem 5 , we can prove (3.7)-(3.9).

An example of the elasticity law satisfying the conditions of Theorem 5 is

$$
A_{2}\left(\psi_{\varepsilon}\right)=2 G_{1}\left(\psi_{\varepsilon}\right)^{2}\left[1+G_{2}\left(\psi_{\varepsilon}\right)^{2}\left(1+G_{1}\left(\psi_{\varepsilon}\right)^{2}\right)^{-1}\right]
$$

Henceforth, compliance with (3.7) - (3.9) is assumed.
We construct a statically admissible field $\sigma=\left\{\sigma_{i j}\right\}$ "close" to $\boldsymbol{\alpha}^{h}$. We set

$$
\begin{align*}
& \sigma_{i j}=\alpha_{i j}^{h}, \quad i, j=1,2, \quad \sigma_{i 3}=\sigma_{3 i}=-\int_{-d}^{x_{3}} \sum_{j=1}^{2} \sigma_{i j, j}(\mathbf{x}, \tau) d \tau, \quad i=1,2  \tag{3.11}\\
& \sigma_{33}=-\int_{0}^{x_{j}} \sum_{i=1}^{2} \sigma_{3 i, i}(\mathbf{x}, \tau) d \tau \tag{3.12}
\end{align*}
$$

The stresses $\sigma_{2}$ are obtained from $\sigma_{1}$ by integrating the equilibrium equation (1.7). We verify that the field $\sigma$ satisfies the boundary conditions (1.8) on $\Omega^{+}, \Omega^{-}$. From (2.10), (2.12), (2.13) the stresses $\sigma_{1}$ are odd in $x_{3}$, hence $\sigma_{i 3}=\sigma_{3 i}$ are even in $x_{3}, i=1,2$, and $\sigma_{i 3}=\sigma_{3 i}=0$ on $\Omega^{+}, \Omega^{-}, t=1,2$ from (3.11).

The stress $\sigma_{33}$ is odd in $x_{3}$, hence

$$
\begin{aligned}
& 2 \sigma_{33}(\mathbf{x}, d)=-\int_{-d}^{d} \sum_{i=1}^{2} \sigma_{3 i, i}(\mathbf{x}, \tau) d \tau= \\
& \int_{-d}^{d}\left(d-x_{3}\right) \sum_{i, j=1}^{2} \frac{\partial^{2} \sigma_{i j}\left(\mathbf{x}, x_{3}\right)}{\partial x_{i} \partial x_{j}} d x_{3}= \\
& \sum_{i, j=1}^{2} \frac{\partial^{2}}{\partial x_{i} \partial x_{j}}\left[\int_{-d}^{d}-\frac{\partial D\left(-\mu\left(w^{h}\right) x_{3}\right)}{\partial \varepsilon_{i j}} x_{3} d x_{3}\right]=F^{h}
\end{aligned}
$$

from which $\sigma_{33}(\mathbf{x}, \pm d)= \pm F^{h} / 2$, therefore, $\sigma \in P$.
From (3.11), (3.12), (3.9) we obtain (mes $V$ is the Euclidean measure of the domain V)

$$
\begin{equation*}
\left\|\sigma-\boldsymbol{a}^{h}\right\|_{L_{2}\left(V_{h}\right)}=\left\|\boldsymbol{\sigma}_{2}\right\|_{L_{2}\left(V_{h}\right)} \leqslant \frac{x c_{F} h}{\gamma}(\operatorname{mes} V)^{1 / 2} \leqslant \frac{x c_{F}(\operatorname{mes} \Omega)^{1 / 2}}{\gamma} h^{2 / 2} \tag{3.13}
\end{equation*}
$$

We construct the field $\mathbf{u} \in H$ so that $\boldsymbol{\varepsilon}(\mathbf{u})$ "differs slightly" from $\boldsymbol{\delta}^{h}$, namely, let us set

$$
\begin{align*}
u_{i}\left(\mathbf{x}, x_{3}\right) & =-w_{, i}^{h}(\mathbf{x}) x_{3}, \quad i=1,2  \tag{3.14}\\
u_{3}\left(\mathbf{x}, x_{3}\right) & =w^{h}(\mathbf{x})+\eta_{\rho}(\mathbf{x}) \vartheta^{h}\left(\mathbf{x}, x_{3}\right) \\
\vartheta^{h}\left(\mathbf{x}, x_{3}\right) & =\int_{0}^{x_{3}} \delta_{33}^{h}(\mathbf{x}, \tau) d \tau \tag{3.15}
\end{align*}
$$

Here $\eta_{\rho}(x)$ is a smooth function finite in $\Omega$, equal to unity in the subdomain $\Omega_{\rho}\left(\Omega_{\rho}\right.$ consists of points at a distance more than $\rho$ from the boundary) and such that

$$
\begin{equation*}
0 \leqslant \eta_{\rho}(\mathbf{x}) \leqslant 1, \quad\left|\nabla \eta_{\rho}(\mathbf{x})\right| \leqslant c / \rho \tag{3.16}
\end{equation*}
$$

According to condition (3.8) $\delta_{33}{ }^{h}$ is continuously differentiable with respect to $x_{1}$, $x_{2}$, hence $\mathbf{u} \in H$ and it follows from (3.14), (3.15),(2.12) and (2.8) that:

$$
\begin{aligned}
& \varepsilon_{i j}(\mathbf{u})=\delta_{i j}^{h}, \quad i, j=1,2, \quad \varepsilon_{i 3}(\mathbf{u})=\varepsilon_{3 i}(\mathbf{u})=\eta_{p, i} \vartheta^{h}+\eta_{p} \vartheta_{, i}{ }^{h}, \quad i=1,2 \\
& \varepsilon_{33}(\mathbf{u})=\eta_{p}(\mathbf{x}) \delta_{33}^{h}
\end{aligned}
$$

From (3.8) and (3.15), $\left|\vartheta^{h}\right| \leqslant h l c_{F} / \gamma,\left|\vartheta_{,_{i}}{ }^{h}\right| \leqslant h l c_{F} / \gamma, i=1,2$, then we obtain because of (3.16)

$$
\begin{aligned}
& \left|\varepsilon_{i 3}(\mathbf{u})\right| \leqslant h c c_{F} \gamma^{-1}\left(\rho^{-1}+1\right), \quad \mathbf{x} \notin \Omega_{\rho+}\left|\varepsilon_{i 3}(\mathbf{u})\right| \leqslant c_{F} \gamma^{-1} \\
& \mathbf{x} \in \Omega_{\rho}, \quad i=1,2
\end{aligned}
$$

Hence

$$
\begin{equation*}
\left\|\varepsilon_{i 3}(\mathbf{u})\right\|_{L_{x}\left(V_{h}\right)} \leqslant \frac{c c_{F}}{\gamma}\left(\rho^{-1}+1\right) h^{\mathrm{t} / 2} \rho^{1 / 2}+h^{\mathrm{z} / 2} \frac{c_{F}}{\gamma}(l \operatorname{mes} \Omega)^{1 / 2} \tag{3.17}
\end{equation*}
$$

The functions $\varepsilon_{33}(u)$ and $\delta_{33}{ }^{h}$ agree for $\mathrm{x} \in \Omega_{\rho}$, hence we obtain from (3.8)

$$
\begin{equation*}
\left\|\varepsilon_{33}(\mathbf{u})-\delta_{33}^{h}\right\| L_{2}\left(V_{h}\right) \leqslant \frac{c c_{F}}{\gamma} h^{1 / 2} \rho^{1 / 2} \tag{3,18}
\end{equation*}
$$

We set $\rho=h$, then it follows from (3.17) and (3.18) that

$$
\begin{equation*}
\left\|\varepsilon(u)-\delta^{h}\right\|_{L_{3}\left(V_{h}\right)}=\left(2 \sum_{i=1}^{2}\left\|\varepsilon_{i s}(u)\right\|_{L_{2}\left(V_{h}\right)}^{2}+\left\|\varepsilon_{33}(u)-\delta_{33}^{h_{i}}\right\|_{L_{2}\left(V_{h}\right)}^{2}\right)^{1 / 3} \leqslant \frac{c c_{F}}{\gamma} h \tag{3.19}
\end{equation*}
$$

It also follows from (3.19),(2.14) and (1.4) that

$$
\begin{equation*}
\left\|\boldsymbol{\sigma}(\mathbf{u})-\boldsymbol{\alpha}^{h}\right\|_{L_{\mathbf{x}}\left(V_{h}\right)} \leqslant \frac{c x c_{F}}{\gamma} h \tag{3.20}
\end{equation*}
$$

and from (3.13) and (3.20) that

$$
\begin{equation*}
\|\boldsymbol{\sigma}(\mathbf{u})-\boldsymbol{\sigma}\|_{L_{\mathrm{x}}\left(V_{h}\right)} \leqslant \frac{c x_{1} c_{F}}{\gamma} h \tag{3.21}
\end{equation*}
$$

Using (3.21), (1.26) and (3.1), we obtain the final error estimates of the solution of the plate equations (as before, $\boldsymbol{e}^{\circ}, \boldsymbol{\sigma}^{\circ}$ is the solution of the spatial problem of elasticity)

$$
\begin{aligned}
& \left\|\boldsymbol{\sigma}^{\alpha}-\boldsymbol{\alpha}^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant c\left(\frac{x}{\gamma}\right)^{\mathrm{o} / 2} c_{F} h^{1 / 2} \\
& \left\|\boldsymbol{\varepsilon}^{\mathrm{o}}-\boldsymbol{\delta}^{h}\right\|_{L_{2}\left(V_{1}\right)} \leqslant c \frac{\alpha}{\gamma^{2}} c_{F} h^{1 / 2}
\end{aligned}
$$

## REFERENCES

1. Prager, W. and Synge, J. L., Approximations in elasticity based on the concept of function space. Quart. Appl. Math. , Vol. 5,№ 3, 1947.
2. Synge, J. L. , The hypercircle in Mathmatical Physics. Cambridge Univ. Press, 1957.
3. Koiter, W. T., On the foundations of the linear theory of thin elastic shells. Proc. Koninkl. Nederl. Acad. Wet. , B, Vol. 73, № 3, 1970.
4. Koiter, W. T., On the mathematical foundation of shell theory. Actes Congrès Internat. mathém. , Vol. 3, Gautier-Villars, Paris, 1971.
5. Morgenstern, D., Herleitung der Plattentheorie aus der dreidimensionalen Elastizitäts Theorie. Arch Rational Mech. and Analysis, Vol. 4, № 2, 1959.
6. Berdichevskii, V.L., An energy inequality in the theory of plate bending. PMM Vol. 37, № 5, 1973.
7. Shoikhet, B. A. , On asymptotically exact equations of thin plates of complex structure. PMM Vol. 37, № 5, 1973.
8. Kauderer, G., Nonlinear Mechanics. Izd. Inostr. Lit. , Moscow, 1961.
9. Ioffe, A. D. and Tikhomirov, V. M., Duality of convex functions and extremal problems. Uspekhi Matem. Nauk, Vol. 23, № 6, 1968.
10. Lagenbach, A., On some nonlinear operators of elasticity theory in Hilbert space. Vestnik Leningrad Univ., Ser. Matem. , Mekhan. , Astron. , № 1, Issue 1,1961.
11. Dinca, G., Sur la monotonie d'après Minty-Browder de l'opérateur de la théorie de plasticité, C. R. Acad. Sci. Paris, Ser. A et B, Vol. 269, № 13, 1969.
12. Skrypnik,I. V. , Nonlinear Higher Order Elliptic Equations. "Naukova Dumka", Kiev, 1973.
13. Vainberg, M. M., Variational Method and Method of Monotonic Operators in Nonlinear Equation Theory. "Nauka", Moscow, 1972.
14. Lagenbach, A., Elastisch-Plastische Deformationen von Platten. Z. angew. Math. und Mech. , Vol. 41, № 3, 1961.
15. Sobolev, S. L., Applications of Functional Analysis in Mathematical Physics. (English translation), American Math. Society, Vol. № 7, Providence, R. I. , 1963.
16. Nečas, J., Sur la régularité des solutions faibles des équations elliptiques nonlinéaires. Comment, Math. Univ. , Carolinae, Vol. 9, № 3, 1968.
17. Agmon, S., Douglis, A. and Nirenberg, L., Estimates near the Boundary of Solutions of Elliptic Partial Differential Equations with General Boundary Conditions. Izd. Inostr. Lit. , Moscow, 1962.

Translated by M. D. F.
UDC 539.374

## ANALYTICAL INVESTIGATION OF THE UNLOADING WAVE

```
PMM Vol.40, No 2, 1976, pp. 327-336
    S. D. ALGAZIN and V. S. LENSKII
                (Moscow)
            (Received January 2, 1974)
```

In the general case, the determination of the unloading wave shape [1] in the theory of elastic plastic wave propagation is reduced to the solution of a functional equation of complex structure. A characteristics method [2] is proposed for the approximate construction of the unloading wave, in particular loading cases formulas are obtained to determine its initial slope [3] and the next derivatives at the initial point $[4-6]$. An investigation of the general properties of an unloading wave is given in [7]. It is shown that as the load tends to zero asymptotically, the unloading wave at the end of a semi-infinite bar has an asymptote with a slope determined by the elastic wave velocity.

An investigation of the functional equation is given in this paper and a method of solution of this equation in the form of a power series is proposed. This approach to the problem permits obtaining both known and some new results. In the general loading case, formulas are obtained to determine the initial slope of the unloading wave and a method of determining the next derivatives at the initial point is indicated. Conditions are found for linear hardening for which the unloading wave is a straight line. The existence of an asymptote different from those mentioned in [7] is proved; it is shown how to continue the solution to adjacent sections by means of some known section, and an unloading wave in a material with delayed yielding is investigated.

